



It's time to look after yourself

You've looked after them all their lives. Now, how about you?

The NHS Breast Screening Programme saves 1,400 lives every year.

All women aged 50 and over are entitled to regular breast screening. Some things are worth making time for.

For more details, speak to your GP or visit www.nhs.uk/breast

Public Health England leads the NHS Screening Programmes

PHE gateway number: 2016351